

Daily Word



MARCH 1954

Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding and inspired to right action for the good of all mankind.



ILLUMINATION (11 a.m.): The radiant light of Spirit illumines me, and I know what to do.



PROSPERITY (12 noon): The living principles of honesty, efficiency, and service are now expressed in me, and I am in all ways prospered.



HEALING (9 p.m.): In all my thoughts and words I acknowledge God to be the source of my life, and I am blessed with vigorous health and wholeness of mind and body.

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Come and See

CHARLES M. ROTH

JESUS always spoke in simple words, words of action, words of power. We do not need a dictionary to determine what Jesus means when He says, "Go," "watch," "arise," "do," "be," "let."

When two of John the Baptist's disciples asked Jesus "Where abideth thou?" His answer was short, direct, compelling. "Come, and ye shall see."

Truly the Master resolved a fundamental principle of successful living into these simple words, "Come, and ye shall see."

"Come," take a step toward Christ. Then new vision and new understanding will follow.

Have you ever been faced with a task that seemed too difficult for you, something that you had never done before, such as taking leadership in an organization, or adjusting yourself to a new environment, or carrying on after the passing of a loved one?

With your human vision you tried to peer into

the future. You tried to outline mentally the steps you should take. But after each period of such mental forecasting you probably found yourself more confused. So much seemed to depend on unpredictable events that it appeared hopeless to plan at all.

At this point in a situation we make one of two decisions: either we do nothing at all and permit the experience to overwhelm us, or we turn in faith to Christ within and ask for light and guidance.

As we come to Christ we see the circumstances of our lives from a different perspective; we have a new and clearer understanding of what needs to be done by us. And we are inspired to constructive action. Finally we stand on top of our so-called problem and marvel at the ease with which God, working through our understanding, has brought forth His plan of good.

Looking back, we see that our eventual success was assured when we took our first step toward the Christ, when we acted on the faith we then possessed—even though this faith was only of "mustard seed" proportions.

When John and Andrew accepted Jesus' invitation "Come, and ye shall see" they did not wait for circumstances to push them. They moved of their own choosing in the direction of the Christ.

We, too, must make our decision to move in the direction of the Christ. We may apprehend "*the light* which lighteth every man" only faintly with our present understanding. But as we keep our faces set in His direction, the light becomes brighter and the way is made clear.

You may have heard many sermons on faith, but any experience in which you actually use the spiritual understanding you have to work out a challenge successfully increases your faith more than any sermon, poem, or book can possibly do.

Come and see. Put into action the Truth you know, and then let the light shine through you to guide, to inspire, to heal, and to prosper you.

Is harmony your need? Is adjustment to certain persons or situations in your life your need? Then love, forgiveness, understanding are the God qualities that need to be quickened in you. Put into action the love that you feel now. Take some special thought of your friends. Write the letter of gratitude to one who has helped you. Speak a word of praise or cheer. "God is love," and you are one with God. Express His love and feel it flow through you to harmonize and to adjust your life and affairs.

Is healing your need? Then life is the God idea you need to quicken in yourself. Do not sit and bemoan your condition, dwelling on all the

things you cannot do. Come—put into action the life that you are able to express now. Are you able only to walk across the room or to lift one finger? Then take the walk, lift the finger, and see how your use of the God idea of life brings greater understanding of this idea and, consequently, greater demonstration of it.

Is prosperity your need? Come. Use what you have with a thankful heart. Is there only enough to pay the electricity bill? Then pay this bill, with your silent blessing as an added bonus. See how your right attitude toward the money you now have opens your mind and heart to the unending flow of infinite supply.

Is guidance your need? Come—center yourself in God through a sincere prayer realization of His omnipresence and wisdom. Then act in confidence and faith. See how the light of Spirit dissolves the seemingly insurmountable obstacles and directs you unerringly along the path to success and accomplishment.

"Boldness has genius, power and magic in it. Only engage, and then the mind grows heated—Begin, and the work will be completed."

Do not wait. Do not delay your good. Choose this day to put into action the Truth you know now.

"Come, and ye shall see."

A Blessed Day!

SOME morning when you wake up, why not try a new vein of thought? Say to yourself:

"Today I will be thankful! I will keep my mind, my heart, my life wide open to God!"

"This is going to be a day of gratitude and praise. I will praise my every tangible blessing. I will take stock of some blessing I overlooked yesterday and be on the lookout for new blessings now on their way to me."

"This is going to be a happy day. I will be cheerful, patient, generous, and kind. I will not act niggardly. I will praise every situation and person I meet. I will open my whole world to the glad, living stream from bountiful heaven."

"This is going to be a successful day. Today I will look for my recompense from God. I will remember that God is and God can. God in the midst of me is mighty! I will rejoice in the consciousness of His presence and power. He leadeth me! The answer will come! He opens the way for my happy, eager feet. He makes darkness light before me and crooked places straight!"

"This is going to be a glorious day. I will give up my limited personal thoughts in order to think the thoughts of God. I will rejoice constantly be-

cause, regardless of any exterior seeming, I can instantly connect myself with Him.

"This is going to be a blessed day. Today I will be a magnet for good. I will remember that by my faith I am unified with all the good there is. My glad faith is the quickening leaven that brings God substance into visibility.

"Nothing but good can enter my life today, for God has promised to open the windows of heaven for me, and God never fails!"

"This is going to be a loyal day. I will discount my troubles and minimize my problems. I will not let discouragements or hard feelings obstruct this marvelous inflow of good. I will pass along the sense of heavenly blessing that flows into, through, and out of me to regulate and transform my entire world. I am an open channel for the currents of God life now flowing through me. God is my life, my health, my supply. In God is my trust."

God can heal you. God can supply you. God can give you sufficient wisdom to prosper your every mortal undertaking. God's gifts are boundless, illimitable, and free. God can give you happiness and satisfaction, an abundance of every desirable thing. The only condition is that you believe and receive.

—Dana Gatlin; *Weekly Unity*

God Is Here

MARY L. KUPFERLE

GOD IS here. His presence fills me with faith and assurance. His love fills me with strength and courage.

He is my constant companion and guide. No place is strange, for wherever I am and whatever I do, God is here. On bus or on train, in automobile or in airplane I rejoice to know that God is here. In office or home, among crowds or when alone I give thanks that God is here.

I am filled with gratitude as I remember that I am the Father's beloved child, watched over, nurtured, and upheld by His power and might.

When I awaken in the morning I greet the light of day with the thought, "God is here." My whole being responds with a feeling of newness. Every cell of my body echoes the thought: "God is here. God is here." God is here, God reigns, God is all.

God is here. He sustains me now, bears me up in His love. His wings of healing lift me to new heights of happiness.

His presence speaks through every circumstance if I but listen. He tells me that He is my constant provider, my abundant source of supply. He

tells me that He is here now, active in my affairs, ordering all things in harmony and according to His perfect wisdom. Order is here. Supply is here. Success is here. All is well, for God is here.

He speaks to me in the innermost part of my being, saying: "Here I am. Trust Me. I am with you; I shall not leave you or forsake you."

My being is blessed, my life is renewed, for God is here!

AN INVITATION FROM SILENT UNITY

Have you ever needed help greatly but did not know where to turn? We extend to you a most loving invitation to call on Silent Unity.

For the past sixty years Silent Unity has been praying and working with people from every walk of life.

We do not believe that anything is impossible or incurable. We keep faith with all who call upon us, for we believe in the power of God and in the power of prayer, and we know that God never fails.

If you need us, feel free to call upon us at any time. We may be reached day or night by telegraph or telephone at BAltimore 4720, Kansas City, Missouri, or by letter at Silent Unity, Lee's Summit, Missouri.

Monday

MARCH 1

THE CHRIST IN ME IS MY HOPE OF GLORY.

I LIVE gloriously today because of the Christ within me. The glorious brightness of His presence illuminates the path before me, and moment by moment I have the comfort of knowing that I travel the road that is right for me.

The glory of the Christ sheds light on my every problem. I am not confused or fearful, for in this light I see clearly and know what to do. Decisions are not hard to make when perfect understanding points the way. I do not worry about the consequences of my decisions when they are Christ guided.

The Christ in me gives me victory in every struggle. Though it may appear at times that I have been worsted by unfavorable circumstances, I am not discouraged. I know that the indwelling Spirit will show me how to turn defeat into triumph. When I am weak I draw strength from the Source of all strength. When there is an appearance of lack I trust Him to supply my needs. In all things He gives me victory, and in Him is my hope of glory.

• *Christ in you, the hope of glory.—COL. 1:27.*

MARCH 2

Tuesday

I AM STRONG IN THE LORD AND IN THE POWER OF HIS MIGHT.

MANY TIMES in our experiences we long for someone to lean on. We turn to other persons, hoping to find in them the strength we need and the help we cannot seem to find in ourselves.

But another person cannot fill the need of our souls. Another person cannot think for us or control our feelings and emotions for us.

The love and support and faith of our dear ones and friends are wonderful, of course, and they help us greatly. But we need to realize that only in God are we strong. God can do for us what another person cannot.

In a time of need, when we feel weak or lonely or lost, God is at hand. As we turn to Him in prayer and open our minds to ideas that are strong and true, we feel an inflow of strength and peace. We know that we are children of God and that His love supports us through every experience. His peace envelops us; His light shines through us; and we are able to face life with courage and with a new heart and spirit.

* *He satisfieth the longing soul.—PSALMS 107:9.*

Wednesday

MARCH 3

I keep a true Lent—

FORGETTING THE THINGS THAT ARE BEHIND,
I GIVE THANKS THAT I AM STRONG, POSITIVE,
POWERFUL, FREE SPIRIT.

TO KEEP a true Lent means more than to deny ourselves some outer satisfaction. To keep a true Lent is to deny limiting beliefs of the past and to lay hold of ideas that are life giving. To keep a true Lent is to spiritualize our thinking and thus to transform our lives.

Today is the beginning of Lent, and we are asking you, our DAILY WORD readers, to enter into the spirit of Lent, to be one with us in keeping a true Lent.

You will be especially blessed during this Lenten season as you follow the lessons that have been lovingly and prayerfully prepared for you.

We bless you and see you letting go of every limiting belief. We see you laying hold of a new concept of yourself as a spiritual being. We see you putting on more and more of the Christ-likeness. We see you strong, positive, powerful, free spirit.

◆ *Blessed are they that hunger and thirst after righteousness.—MATT. 5:6.*

*T*hursday

I keep a true Lent—

THROUGH JESUS CHRIST I REALIZE MY DIVINE SONSHIP, AND I AM TRANSFORMED INTO HIS IMAGE AND LIKENESS.

“**O**NE will never go down to defeat if in his hour of need he positively affirms the almighty of God-Mind through Christ, and invokes its help in his behalf.”

In time of need I will remember God. I will remember the truth that I am His child, created in His image and likeness. I will remember the promises of Jesus Christ. I will remember that I am joint heir with Jesus Christ to the kingdom of God.

How will remembering these things help me in my hour of need? First, my thought will be taken off my problems, my worries, my fears and brought into true focus with the good. Then, too, remembering these things will stir up the spiritual power that is within me, will call into action the transforming power of Spirit in my mind, body, and affairs. What I believe in and claim I become. So, in time of need and at all times, I will believe in and claim my divine sonship.

* *Say the word.—LUKE 7:7.*

I keep a true Lent—

IN THE NAME OF JESUS CHRIST I DECLARE
THAT GOD'S PERFECT PLAN OF BODILY PER-
FECTION IS BEARING FRUIT, AND I AM MADE
WHOLE.

WHEN WE say that we do not believe in sickness, we mean that we do not believe in the reality or the finality of it. In working an arithmetic problem, we believe that there is a right answer, even though we sometimes fail to arrive at it. In Unity we believe in life and health, even though they are not always perfectly demonstrated.

God's healing life in us is greater than any appearance of disease. Our part is to build up a positive faith in God and in life, to change our thinking, to charge the very cells of our bodies with the idea of life, to pray in the face of sickness in the faith that beyond appearances stands the perfect life idea. This perfect life idea is called forth as we lay hold of it in our consciousness through thinking about and believing in life.

• *If ye abide in me, and my words abide in you, ask whatsoever ye will, and it shall be done unto you.—JOHN 15:7.*

Saturday

I keep a true Lent—

I AM A CHILD OF GOD, AND I AM JOINT HEIR WITH JESUS CHRIST TO ABIDING LIFE, WISDOM, LOVE, PEACE, SUBSTANCE, STRENGTH, AND POWER.

MOST of us have need for more confidence in ourselves. We need the confidence that has its roots in the faith and knowledge that we are children of God and joint heirs with Jesus Christ to abiding life, wisdom, love, peace, substance, strength, and power.

Through prayer we develop spiritual confidence; we come to know that we have within us every resource we need to build a life that is helpful to other persons and satisfying to us. Through prayer a foundation of faith is laid. It is a foundation that supports our inner confidence in the face of all outer demands and circumstances.

Confidence is developed through affirming and acting on our faith in God and in ourselves as children of God. Every person has reason for confidence, for every person has gifts from God that, when recognized and developed, make him a productive channel for good.

♦ *I am the door.—JOHN 10:9.*

I keep a true Lent—

I AFFIRM THAT IT IS NOT I, "BUT THE FATHER ABIDING IN ME [THAT] DOETH HIS WORKS."

P RAYER does not change God—it changes us. If we are trying very hard to change some condition in our lives, let us remember that all change must begin with us.

If there are cracks in the foundation of a house, we do not begin by mending the cracks, but first the foundation must be reinforced. So if there are conditions in our lives that are not to our liking, we do not begin with them, but we go back to the foundation principles and reinforce our faith and understanding through prayer.

When we are on solid ground spiritually, when our understanding is enlightened, then we are shown what to do about the affairs of our lives. And we "fill in the cracks," knowing that we are on sure footing.

The realization that brings us back to a solid foundation in Truth is that we of ourselves do not do the work, but the Father in us does His work. Where we cannot see the way, let us remember that with God there is always a way.

• *The firm foundation of God standeth.—II Tim. 2:19.*

Monday

I keep a true Lent—

I AFFIRM THAT MY BODY IS THE TEMPLE OF GOD, CLEANSED, PURIFIED, UNDEFILED, MADE PERFECT. PRAISE GOD!

LENT is a good time to build up a strong consciousness of life, to affirm again and again that our bodies are temples of the living God.

When Jesus says, "He that believeth on me, The works that I do shall he do also," He is referring to the spiritualization of the body as well as to the spiritualization of thoughts and feelings. In fact, we need to realize that true spirituality includes the body.

Jesus is our Way-Shower, and He overcame death itself. How do we follow Him in realizing life, perfect eternal life in the body?

He reminds us that our bodies are temples of God. When we remember this and affirm strong, positive life ideas, we are building life into the very cells of our bodies; we are charging our entire bodies with new currents of spiritual life, we are laying hold of life eternal.

• *The works that I do shall be done also; and greater works than these shall be done.—JOHN 14:12.*

Tuesday

MARCH 9

I keep a true Lent—

I AFFIRM THE LIFE ABUNDANT. I CLAIM THE LIFE ABUNDANT. I BEGIN TO MANIFEST THE LIFE ABUNDANT.

WITH every breath I breathe the life of Christ; with every thought I draw upon the intelligence of Christ; with every act I use the power of Christ. There is an infusion of His Spirit with mine; and as I become consciously aware of this, I put on the Christlikeness.

I have faith in the abundant life of Christ here and now present in me, here and now present in all other persons. I keep faith in this abundant Christ life. I praise its presence and power, even when appearances seem to deny it.

During Lent I open myself more and more to the Christ idea of perfection.

In the face of lack I declare, "Christ is here, filling every lack." In the face of disease I declare, "Christ is here, pouring forth His healing life." In the face of inharmony I declare, "Christ is here, imbuing every person and every situation with His love."

♦ *Faith is . . . a conviction of things not seen.—HEB. 11:1.*

Wednesday

I keep a true Lent—

THE JOY OF THE LORD IS A WELLSPRING
WITHIN ME, AND I AM ESTABLISHED IN DI-
VINE STRENGTH.

THROUGH radiant joy in me I am forever blessed with poise, strength, and quietness. I am not depressed, even though outer things may seem wrong. Through joy in me I am kept strong and free from sadness, doubt, or fear. Disturbing thoughts cannot dishearten or upset my trust, for the Christ is here. He will adjust all things through His great power and fill my world with peace. He is a "lamp unto my feet," the strength through which I meet each challenge of the day. He is the wisdom I need, the voice of Truth that shows the way.

My joy shall never cease, for I am poised and centered in One who is my fortress and deliverance. I know that He will heed each call, richly meet each need, and give His life and health to all. Through Him all works are done and miracles are wrought. His joy within inspires and illuminates every thought, and I rejoice with an inner joy that nothing can destroy.

* *Man shall not live by bread alone.—MATT. 4:4.*

I keep a true Lent—

I AFFIRM THAT CHRIST, THE LIGHT OF TRUTH,
IS SHINING AT THE HEART OF MY BEING.

WHEN WE are at a loss to know what to do, when we feel incapable of resolving an issue and are unsure how to proceed, we should silently affirm that the Christ light, the light of Truth, is shining at the heart of our being.

As we affirm that Christ within us is our glory, we are lifted out of feelings of ignorance or lack of understanding and quickened with wisdom from above.

Our thoughts are illumined by the light of Spirit; our powers and capabilities are increased as we stand in the brightness of His presence. A new understanding, both of ourselves and others, is revealed to us. We see ourselves and others as God sees us, as spiritual beings. We do not condemn ourselves; We do not condemn others. We give thanks that the brightness and the glory of the Christ is shining in us and through us wherever we are, whatever our need.

◆ *Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.*—MATT. 7:7.

MARCH 12

Friday

I keep a true Lent—

I AFFIRM THAT GOD'S LOVE FILLS ME WITH
NEW LIFE.

WHENEVER it appears that no one cares about us or cares what our lives are like, we are liable to feel unloved. But even though we may feel unloved, we are living and working in a world filled with persons who care very much, because they need us as much as we need them.

When one believes that he is needed and wanted, he begins to be healed of loneliness or unhappiness. It is impossible to think in terms of oneness with God and our fellow men without feeling warmth and enthusiasm rise within our hearts.

Regardless of any experiences that may have caused us to feel rejected or unloved, there are those all about us who want and need our interest and friendship and love.

As we let God's love flow through our hearts, we draw to ourselves the persons and conditions we need in order to be happy.

• Beloved, let us love one another: for love is of God.
—I JOHN 4:7.

I keep a true Lent—

I AFFIRM THAT THE ISSUES OF MY LIFE ARE STIRRED TO ACTION BY THE QUICKENING CHRIST POWER, AND I HAVE DOMINION OVER MY THOUGHTS AND FEELINGS.

THROUGH Christ in me I am dynamically alive. I am filled with strength; I have abundant ability and energy to do whatever lies before me. Through Christ in me I am alive, alert, awake, joyous, and enthusiastic about everything. From the top of my head to the soles of my feet, from the innermost center of my being to the outermost tissues of my skin I am filled and thrilled with the radiant vitality of Christ.

When difficult challenges tempt me to think, "I can't," I immediately affirm: "Christ in me is strength and ability. *I can.*" When physical strength is needed, I affirm, "Christ in me is my strength." Every cell of my body is centered in the life-giving vitality of Christ. Every effort I make is eternally backed up with His great power.

The Spirit of Christ in me is my inexhaustible source of dynamic vitality, quickening power, and spiritual dominion.

• *His word was with authority.—LUKE 4:32.*

MARCH 14

Sunday

I keep a true Lent—

IN THE QUIETNESS AND CONFIDENCE OF SPIRIT I SEE MYSELF AS GOD SEES ME, HIS PERFECT IMAGE AND LIKENESS.

THERE is never a time in our lives when we cannot find help and understanding by turning to God. We may find it difficult to understand some experience, but we have within us the divine wisdom and strength we need for understanding. As we place ourselves and the experience in the Father's care, the answer we are seeking will be revealed to us.

Our hearts will become as open chalices to receive from the One who knows our needs and our longings, who awakens in us new vision and new incentive.

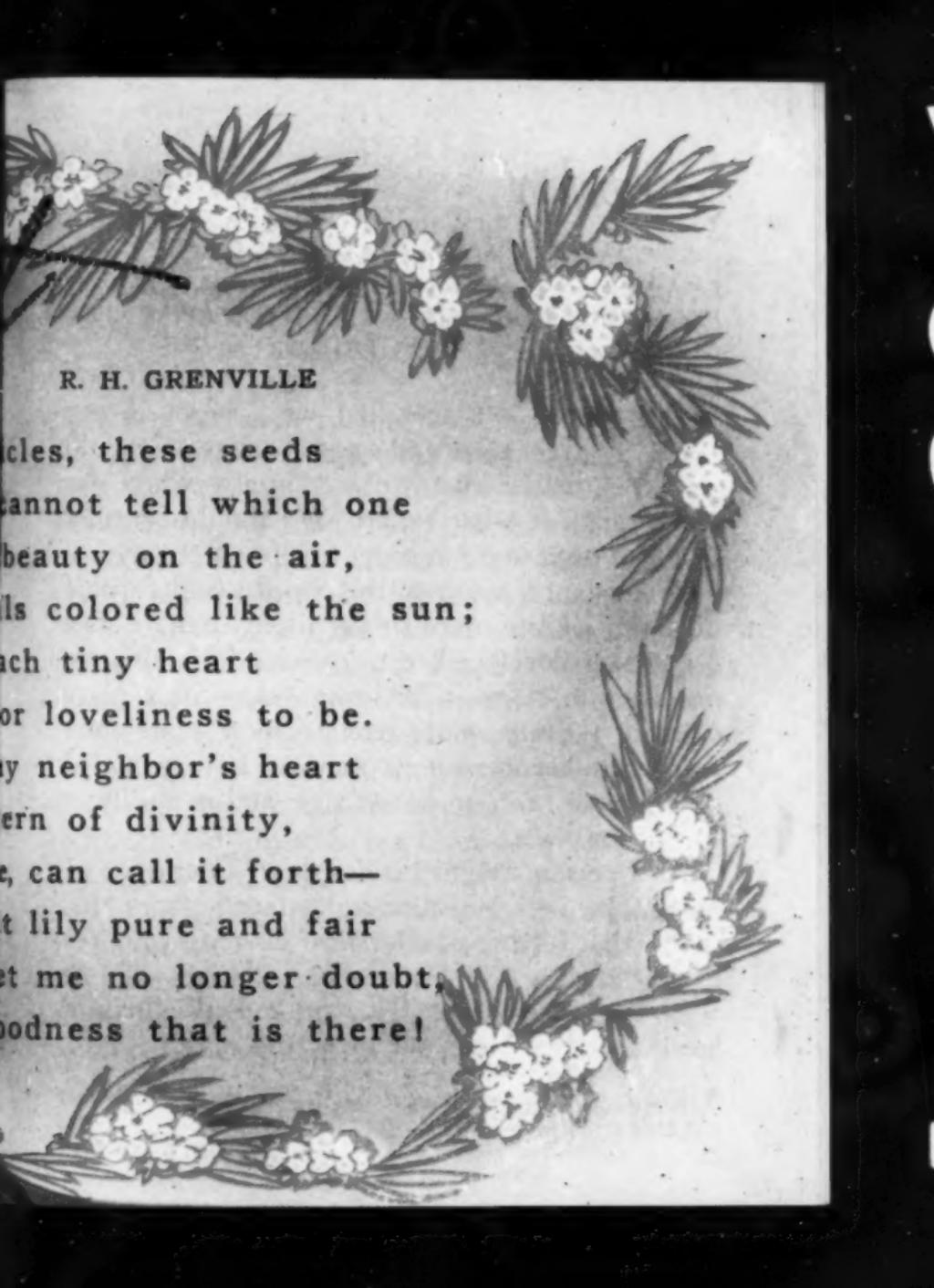
Let us look with faith toward God, whose infinite purpose is to give of Himself in fulfilling, uplifting love. Let us accept the help that comes from Him. Let us be receptive to the light and Truth He reveals to us.

¶ *Of a truth I perceive that God is no respecter of persons: but in every nation he that feareth him, and worketh righteousness, is acceptable to him.—ACTS 10:34.*

Blueprint

R.

Anonymous brown pangles,
Rest in my hand.anno
Will hang bluebells o' beaut
Or which hides peels co
But tightly folded in ach t
The blueprint lies or lo
So in my own and in my ne
Lies the bright patern o
And I, by faith and loe, can
That regal rose, the lily
Which is the Christ. let me
But cultivate the goodness



R. H. GRENVILLE

cles, these seeds
cannot tell which one
beauty on the air,
is colored like the sun;
each tiny heart
or loveliness to be.
my neighbor's heart
ern of divinity,
e, can call it forth—
t lily pure and fair
et me no longer doubt,
oodness that is there!

I keep a true Lent—

I AFFIRM THAT MY UNDERSTANDING IS FROM THE HOLY SPIRIT, AND I ALWAYS KNOW WHAT TO DO.

WHEN WE feel that we are not in our right place and want a change we should realize that we are usually where we are because of what we are. We should consider what we need to do in order to effect a change.

For instance, we may feel worthy and capable of a way of life more to our liking, but we may not have developed the courage or initiative necessary to claim it. We may yearn for a place of more prestige, more remuneration, more comfort, more beauty; but we may not have prepared ourselves in faith, in knowledge, and in ability to fill such a place.

As a person weighs his desires in an attitude of prayer, he becomes clear-sighted enough to discover what further development he needs in order to fill the place in life he desires.

As we look to God, His wise and enlightening Spirit guides us into our own true place.

• *Knew ye not that I must be in my Father's house?*
—LUKE 2:49.

MARCH 16

Tuesday

I keep a true Lent—

THE WILL OF GOD IS UPPERMOST IN MY CONSCIOUSNESS, AND I AM GLORIFIED IN MY UNDERSTANDING.

WITH each passing moment a little more of the Christ perfection, which is the will of God for me, unfolds itself through my mind and body. With each tick of the clock the Christ in me is expressing more beauty, intelligence, and life in and through me.

Day by day the Christ in me is increasing the efficiency of all my faculties. Day by day the Christ in me is increasing the efficiency of my body. Day by day the Christ in me is increasing the efficiency of my work. Through the power of the Christ in me I am daily improving in memory. Through the Christ in me I am daily developing my talents.

Through the Christ in me I am daily growing more conscious of His presence within me, more conscious of His love, more conscious of His joy, more conscious of the perfection that is God's good will for me.

◆ *There was the true light, even the light which lighteth every man, coming into the world.—JOHN 1:9.*

Wednesday

MARCH 17

I keep a true Lent—

I SET MY HOUSE IN ORDER AND PRESS FORWARD TOWARD THE GOAL OF PERFECTION.

I SET my mental house in order by firmly declaring that my mind is one with God-Mind. I bring my thoughts into line by denying negation and affirming that there is but one presence and one power, God, the good, omnipotent.

I do not give the substance of my thoughts to gossip, criticism, worry, fear, or any other negative state. I establish order in my thinking by keeping my mind stayed on God and His Truth.

I set my emotional house in order. I say to disturbed emotions, "Peace, be still." I relax in the silence of prayer and bring every emotion under the dominion of the loving Christ.

I set the house of my daily life in order. I begin each day with a prayer; I affirm my oneness with God, with His life, His substance, His power. I give thanks for the strength and the will to do all that is required of me and for the patience and wisdom to do one thing at a time, in a right spirit, and in divine order.

• *He that soweth unto the Spirit shall of the Spirit reap eternal life.—GAL. 6:8.*

*T*hursday

I keep a true Lent—

MY ZEAL IS TEMPERED WITH WISDOM, AND I MAINTAIN A PERFECT BALANCE WITHIN AND WITHOUT.

IN THE words of Charles Fillmore: "Zeal is the affirmative impulse of existence; its command is, 'Go forward!' Zeal is the mighty force that incites all things to action; the eternal urge behind all things. To be without zeal is to be without the zest of living. Zeal and enthusiasm incite to glorious achievement . . .

"Zeal should be tempered with wisdom. Some persons get so fired with zeal when they first tackle a job, that they quickly grow tired, and fail to carry it through to completion. The need is for control, equalization.

"Watch the pull of a giant locomotive; note how it slowly but steadily moves forward, almost by inches at first but gradually increasing until its mile-long train swiftly disappears in the distance."

Let us affirm, "My zeal is tempered with wisdom, and I maintain a perfect balance within and without."

• *Thou art anxious and troubled about many things: but one thing is needful.—LUKE 10:41, 42.*

I keep a true Lent—

I AFFIRM THAT THE LAW OF THE SPIRIT OF LIFE IN CHRIST JESUS MAKES ME FREE FROM THE LAW OF SIN AND DEATH.

THE FORGIVING love of Jesus Christ lifts me above a negative attitude of condemnation, criticism, or resistance toward other persons or conditions. The forgiving love of Jesus Christ frees me from all condemnation or unforgiveness of my own human weaknesses and shortcomings.

I let the Christ light shine from within me and know that its radiance is dissolving all sense of hurt and misunderstanding. My body responds to the inflow of love. I feel tense muscles relax and new strength surge through me.

I express the forgiving love of Jesus Christ toward all persons. I remember that each person reacts from his own level of understanding, and what seems of great importance to me may not be considered important by my co-workers or the members of my family. It is because I miss understanding another's motives and aspirations that seeming misunderstandings arise.

* *Forgive . . . every one his brother from your hearts.*
—MATT. 18:35.

MARCH 20

Saturday

I keep a true Lent—

I AM FILLED WITH THE VITALITY AND VIGOR
AND HEALTH OF JESUS CHRIST.

BIRTHDAYS do not make me old. Time itself has no power to age me. It is what I think and feel inside myself that keeps me young or makes me appear old. The cells of my body were created with the ability to fashion themselves into the likeness of whatever image of myself I hold in consciousness. If I continually entertain the thought that I am growing older the cells of my body will respond by taking on the appearance of age. If, on the other hand, I keep my attention on the ageless Spirit within me, believing forever within my heart that the Christ in me is momentarily renewing and resurrecting every cell and faculty of my entire being, then the cells of my body will fashion themselves into the likeness of the ageless and deathless Christ, which I contemplate.

I live with the realization that the Christ in me is eternally renewing every cell and atom of my entire being.

* *The water that I shall give him shall become in him a well of water spring up unto eternal life.—JOHN 4:14.*

I keep a true Lent—

I NOW MAKE CONSCIOUS UNION WITH THE SUBSTANCE OF ALL SPIRITUAL ATTRIBUTES.

GOD knows my need. He understands my ability, and He works continuously in my mind and heart, inspiring me with creative ideas.

I hold fast to the truth that I am never separated from God. He is always with me, and His all-conquering, all-wise, all-loving Spirit supplies my every need. I now make conscious union with the substance of all spiritual attributes as I turn to God in silent prayer.

If I have some special talent that I want to make better use of, I talk it over with God as I would with a friend. I tell Him that I place no barrier or limitation upon myself, that I am willing and eager to serve in whatever capacity He wants me to fill. In holding steadfastly to these ideas, I go forward charged with faith.

I am His child, and He fills me with unlimited courage. I use my powers, my abilities, my life to His glory and I am blessed.

♦ *Incline your ear, and come unto me; bear, and your soul shall live.—ISA. 55:3.*

*Monday**I keep a true Lent—*

I GIVE THANKS THAT JESUS CHRIST IS MY
HELPER.

TF," says Charles Fillmore, "God had not planned to make Jesus a continuous working factor in our civilization there would be no good purpose for His having been sent, and for the great sacrifice that He made. He came to show us 'the way, and the truth, and the life,' and He promised 'Lo, I am with you always.' He also promised that He would be with us as a teacher. 'When he, the Spirit of truth, is come, he shall guide you into all the truth.'

"No one is overlooked. The helpful hand of Jesus is extended to all. Whoever you are, wherever you are, Jesus in His spiritual consciousness is waiting for your mental recognition. Whatever your objective He will show you how to attain it. 'Whatsoever ye shall ask in my name, that will I do.'"

Let us give thanks for Jesus Christ.

• *But if the Spirit of him that raised up Jesus from the dead dwelleth in you, be that raised up Christ Jesus from the dead shall give life also to your mortal bodies through his Spirit that dwelleth in you.*—ROM. 8:11.

I keep a true Lent—

I AFFIRM THAT I AM ONE WITH THE EVER-UNFOLDING, EVER-INCREASING SPIRIT OF DIVINE UNDERSTANDING.

WHEN WE think of our spiritual growth as an evolving process, we are not discouraged with our progress or impatient with results. As we look at ourselves and our lives in the light of understanding, we see how true it is that "all things work together for good." We see that every experience has offered us opportunity for growth. Even though it may seem to us that our progress has been slow, we can rejoice in the overcomings we have made. We can rejoice in the ways in which we have been blessed.

We see that spiritual growth cannot be forced, that it is an upward journey of the whole man. New heights in spiritual understanding are reached, not by effort of the will, but by the lifting power of prayer and faith. Each time we pray, each time we affirm Truth we are adding to our spiritual consciousness; we are coming closer to the goal of the Christ perfection.

* *To them that love God all things work together for good.*—ROM. 8:28.

Wednesday

I keep a true Lent—

I KEEP MY VISION FIXED LOVINGLY ON THE CHRIST IN ALL PERSONS.

TODAY I will make a special effort to look for the Christ in everyone. I will not let myself become disturbed by what others do or say. I will silently declare of them, "I love the Christ in you." If I hear gossip about another, I will immediately remind myself that this is not true of the Christ within him. And when appearances of sickness or inharmony in the lives of others come to my attention, I will look past these appearances to the Christ in them, which heals; to the Christ in them, which adjusts.

I will keep my vision fixed lovingly on the Christ in all persons. As I read the newspapers, I will see the Christ in those I read about. When I converse with others I will be aware of the Christ in them.

I will keep my vision fixed lovingly on the Christ in all persons. I will silently declare of everyone, "I behold the Christ in you," until this becomes a habit in my life.

* *This is my commandment, that ye love one another, even as I have loved you.—JOHN 15:12.*

*I keep a true Lent—
I AM FEARLESS, BECAUSE I TRUST GOD.*

IF I have become burdened by fearful thoughts of uncertainty, loneliness, or lack, I will change my thinking; I will change my outlook on life. In place of the fearful thoughts I have harbored in my mind, I will think strong, faith-filled, love-filled thoughts.

It may seem difficult at first to take command of my thinking. But it will become easier with practice, and the rewards will be great.

I open my mind and heart to God. I declare that fear has no reality or power in my life. The shadows of fear can be banished from my consciousness as I rise in the majesty of my true Christ self.

I claim the truth that I am a spiritual being, that I am fearless and free.

I am fearless, because I trust God, who is my shield, my high tower, my haven of help in time of need. He will never fail me or forsake me; He loves me with an everlasting love.

¶ *The lamp of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light.*
—MATT. 6:22.

MARCH 26

Friday

I keep a true Lent—

I AFFIRM THAT THROUGH THE GRACE OF GOD
I AM FORGIVEN AND HEALED.

“**A**S FAR as the east is from the west,
So far hath he removed our transgres-
sions from us.”

“The grace of God,” says Charles Fillmore, “is greater than the laws of man. . . . To become recipients of that which the Father would bestow, we should take the element of grace into consideration; that even beyond what we ask, seek, earn, or deserve under the law, God is more than willing to give.

“God, as the great creative principle of the universe, will always meet us more than half way. By becoming receptive to the ‘grace of God,’ we receive the measure of God’s provision, which exceeds any of our imaginings.

“I realize that ‘grace and truth came through Jesus Christ’; that is, the real saving, redeeming, transforming power comes to me through the work that Jesus did in establishing for the race a new and higher consciousness in the earth.”

• *Ye therefore shall be perfect, as your heavenly Father is perfect.—MATT. 5:48.*

I keep a true Lent—

THE ILLUMINATING POWER OF TRUTH AWAKENS AND QUICKENS MY CONSCIOUSNESS, AND I DISCERN CLEARLY THAT GOD IS THE ONLY PRESENCE AND THE ONLY POWER.

THE loving Spirit of God is everywhere present. The same loving Spirit that created the earth created the heavens surrounding the earth. Therefore, the heavenly Father who governs all life on this earth governs all life of any kind that may be anywhere in the universe. Although there may be many things about outer space that we do not fully understand, one thing is certain: The laws of infinite harmony and divine order that regulate the activities of earth must of necessity regulate everything everywhere.

In all this universe there is but one life, one substance, one intelligence. And there is but one all-infolding purpose that binds all of us together. The eternal God is our dwelling place, and beneath the universe are His everlasting arms. There is not an inch of space where He is not. So there is nothing to fear.

♦ *In the beginning God created the heavens and the earth.—GEN. 1:1.*

MARCH 28.

Sunday

I keep a true Lent—

I GIVE EXPRESSION TO THE LOVE OF GOD.

"**L**OVE is very patient, very kind. Love knows no jealousy; love makes no parade, gives itself no airs, is never rude, never selfish, never irritated, *never resentful*; love is never glad when others go wrong, love is gladdened by goodness, always slow to expose, always eager to believe the best, always hopeful, always patient. Love never disappears. As for prophesying, it will be superseded; as for 'tongues,' they will cease; as for knowledge, it will be superseded. For we only know bit by bit, and we only prophesy bit by bit; but when the perfect comes, the imperfect will be superseded. When I was a child, I talked like a child, I thought like a child, I argued like a child; now that I am a man, I am done with childish ways.

"At present we only see the baffling reflections in a mirror, but then it will be face to face; at present I am learning bit by bit, but then I shall understand."

• *Thus 'faith and hope and love last on, these three,' but the greatest of all is love.—I COR. 13:13 (Moffatt Version).*

I keep a true Lent—

IN THE PRESENCE AND POWER OF THE CHRIST IDEA IN ME I PROCLAIM MY PERFECTION.

“**H**E said unto Simon, Put out into the deep, and let down your nets for a draught. And Simon answered and said, Master, we toiled all night, and took nothing: but at thy word I will let down the nets. And when they had done this, they inclosed a great multitude of fishes.”

If I have been toiling long and hard over some problem or difficulty, I, as did Simon, will take Jesus at His word. I will “put out into the deep”; that is, I will let go of my doubts and fears and enter the deep waters of faith and prayer. I will let down my nets; I will open my heart and mind to Truth. I will be receptive to my good. And such a multitude of blessings will come to me from every direction that there will not be room to hold them all. I will have plenty and to spare and to share, as did those fishermen of old.

Today I push out into the deep; I cast my net in faith. Easily and quickly my good comes to me.

¶ *Put out into the deep, and let down your nets.—LUKE 5:4.*

MARCH 30

Tuesday

I keep a true Lent—

I AFFIRM THAT THROUGH JESUS CHRIST GOD'S VITALIZING ENERGY FLOODS MY WHOLE BEING, AND I AM HEALED.

ACCORDING TO Charles Fillmore, "Health, real health, is from within and does not have to be manufactured in the without. It is the normal condition of man, a condition true to the reality of his being.

"The first step in all spiritual healing is the using of faith, and the next step is to become open and receptive to the stream of healing life. Spiritual healing restores to perpetual health because it erases the error thought and cleanses the mind.

"Through the exercise of faith and our word, our spiritual quality is fused into unity with the power of Christ and the healing is marvelously accomplished. . . .

"Experience proves the power of words to bring health. In healing myself, I talk to my body, repeating necessary denials and affirmations. This raises my consciousness to spiritual reality where all healing power originates."

• *Thy faith hath made thee whole.—MATT. 9:22.*

Wednesday

MARCH 31

I keep a true Lent—

MY MIND IS STAYED ON THEE, AND I REST
IN THY PEACE AND POWER.

"**J**ESUS went back to the very source of all discord, and showed how all resistance and antagonism must cease," says Charles Fillmore. "He did not stop to argue whether the cause was just or not; but He said, 'Agree with thine adversary quickly'; 'if any man would go to law with thee, and take away thy coat, let him have thy cloak also.' To the human mind this seems like foolishness, but Jesus spoke out of the inner wisdom that knows that it is dangerous to allow any kind of opposing thoughts to form in consciousness. He knew that the universal law of justice would adjust all matters, if men would trust it and cease fighting mentally for their rights. This is accomplished by bringing the Christ, the Prince of Peace, to bear in all our affairs. 'My peace I give unto you.' "

My mind is stayed on Thee, and I rest in Thy peace and power.

* *Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful.—JOHN 14:27.*

This Month IN UNITY



An Effective Way to Pray

During the past years many persons have been introduced to treasure mapping through *You*, Unity's magazine for teen-agers and its predecessors. And nearly all who have tried it have found that making a treasure map and living by it is an effective way to pray—has helped them to prosper and to be happy.

Nearly every month *You* magazine prints a sample treasure map with instructions for its use, and last month's *Weekly Unity* and *You* magazines carried fine articles on treasure mapping. If you wish to know more about making a treasure map, *You* magazine, priced at \$1 a year, will be a great help. You may also be interested in receiving the folder, "Make a Treasure Map—Help Make Your Dreams Come True" which will be sent to you free on request.

Polio Patient Finds Help in *Daily Word*

From Ohio comes this inspiring letter: "I had been in this hospital about three weeks (after having been in a contagious hospital) when my hus-

band's aunt sent me excerpts from your magazine *Daily Word*. I have polio, and at that time I was very discouraged. As I read the words she sent, I found new courage and hope. She sent me a subscription shortly after, and I have found practical help on each page.

"My hours of 'hot pack' therapy have turned into a pleasant time when I read over and over again the encouraging messages in *Daily Word*. Many of your meditations seem to be written especially for polio patients who are trying hard to learn to walk again. I appreciate very much all *Daily Word* has done for me; without it I honestly believe I would have given up long ago."

(*Daily Word* may be ordered from Unity headquarters; it is priced at \$1 a year.)

Unity Group in Finland

In many parts of the world there are devoted Truth students who meet and study together. Such a group has been active in Helsingfors, Finland, for more than two years. Maija Blomberg, of Tervakoski, Finland, who is responsible for the distribution of Unity literature in Swedish and Finnish, works closely with this group, as does Mrs. Ida Palén, who recently completed the Swedish translation of the book *You Can Be Healed*, by Clara Palmer.

Mr. Karl Forsten is the president of this devoted group, and it is with a spirit of joy and thanksgiving that Unity School congratulates them upon their more than two years of dedicated service.

An Inspiring Record

Many friends have written to us praising the Unity record of Charles Fillmore's voice repeating the Lord's Prayer. They also find inspiration in the organ solo, "God Bless You Everyone," which is on the record's reverse side. One friend writes, "When I feel depressed I just play my record. Up go my spirits and I go through the day thanking God for all my blessings."

The Lord's Prayer record is made of unbreakable Vinylite and plays at 78 r.p.m. Priced at \$1.50, it makes a very special Easter gift.

"Not According to Appearance"

The March issue of *Good Business* magazine contains an article of especial interest. This article is a true story, written by a businessman named Blair Reed, that proves God always answers our prayers when we "judge not according to appearance, but judge righteous judgment." The article is appropriately entitled "Not According to Appearance," and you will find it wonderfully inspiring (*Good Business* is \$1 a year.)

A Lifetime Gift for Children

Would you like to give the children you love a gift this Easter that will help them throughout their entire lives? You send just such a gift when you send *Wee Wisdom* magazine, for nothing is more important in life than a strong, dedicated character, and *Wee Wisdom* is devoted to building good character as it entertains the child mind.

Here is what one mother recently wrote:

"I am most grateful that there is such a magazine as *Wee Wisdom*, for the children like it very much, and I feel that their constant reading of *Wee Wisdom* will leave a good impression on their lives that will last as long as they live."

"We older folks know how important it is to live to the very best of our understanding at all times, and I know *Wee Wisdom* will help my children to learn this principle and to be successful in their lives. I am grateful, too, that the magazine is so interesting and attractive, for the children love to read it."



Wee Wisdom contains true-to-life stories, a Bible tale, delightful poems, many colorful illustrations, and feature departments that encourage children to do creative work. Send *Wee Wisdom* to some boy or girl you love this Easter. *Wee Wisdom* is priced at \$2 a year.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Children's Books for Easter

— \$1 Each —

Crybaby Kangaroo

Barky and His Friends

by Georgia Tucker Smith

Two books of read-aloud stories in lilting rhymed prose. Charming animal illustrations and bright covers enliven both.

Jet's Adventures

Jet and the New Country

Jet's Choice

by Bula Hahn

Three books of fascinating pioneer stories for older children. Illustrated with pen-and-ink drawings and bound in red.

Adventures of the Seven Spartans

by Laurent Lee

A collection of fourteen stories about the members of the Spartan club. Illustrated with silhouette drawings and bound in green.

Thank You, God

Teach Me to Pray

by Bill and Bernard Martin

Two children's books about prayer. *Thank You, God* contains prayers and little verses for younger children; *Teach Me to Pray* contains a story and prayer for each day of the month and is liked by most ages. Both have many pictures in full color.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

THE HIGH PLACE IN CONSCIOUSNESS

The disciples met with Jesus Christ in the upper room. Charles Fillmore says that the upper room represents the high place in consciousness, where man communes with Divine Mind. In prayer and meditation you too can meet with the Christ in the "upper room," and receive His ideas for obtaining the desires of your heart.

The Unity Prosperity Bank plan is a practical and proved way of raising your thoughts about supply to this high place. If you are seeking the fulfillment of some need or desire, let the Bank plan help you. Silent Unity will give you a daily blessing as you faithfully use the affirmative prayer that comes with your Bank. The money you save may be used to share DAILY WORD with your friends. Return this coupon, and find out about the Prosperity Bank plan today.

Unity School of Christianity, Lee's Summit, Mo.

Please send me a Prosperity Bank and ask Silent Unity to pray with me for a successful demonstration. I will use the drill seven weeks and save \$3 for the three DAILY WORD subscriptions (one year each) listed below:

1. Name _____
Street _____

City _____ State _____

2. Name _____
Street _____

City _____ State _____

3. Name _____
Street _____

City _____ State _____

SENDER'S NAME _____
Street _____

City _____ State _____

Please indicate postal zone number, if cities are so divided. D-3-54

Announcing

A NEW UNITY GREETING BOOKLET

For your Easter giving, Unity has just published a new Easter Greeting Booklet, *This Is Your Easter*. *This Is Your Easter* is unusual in arrangement. After a fine introductory article by William A. Clough, it gives excerpts from the Bible story of Easter followed by poems and short prose pieces relating to the excerpt. Many of the most prominent Unity authors are represented in this booklet, and you will find it an inspiringly "different" Easter remembrance for all your friends.

Besides the new booklet, *This Is Your Easter*, these eleven other Unity Greeting Booklets are also especially suitable for Easter giving:

<i>The Challenge of the Dawn</i>	<i>The Land Is Bright</i>
<i>Daily Resurrections</i>	<i>The Mental Equivalent</i>
<i>For Thy Benediction</i>	<i>Preparation for Easter</i>
<i>The Gift of Immortality</i>	<i>The Song of Life</i>
<i>God Is Blessing You Now</i>	<i>The Stream of Life</i>
	<i>Sanctuary</i>

Pocket size and printed on fine paper, each colorful Unity Greeting Booklet comes with an Easter mailing envelope. The booklets are sent direct to you. Unity Greeting Booklets are priced at 10 cents each; 12 assorted (your selection or ours) for only \$1.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

Dawn

HARRIET V. B. THOMPSON

A tuft of light above the hill;
A windless silence, tense and chill;
A sharp, straight shaft of fire updrawn
And rose-clad, gold-clad burst of dawn!

A gleam of consciousness in man,
A sure unfolding of Truth's plan,
Aspiration and faith expressed—
Lo, God's great light within the breast!

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